



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**  
 School Year: 2021-2022

School Name & Location Number:	MAYA ANGELOU ES, 0111
Principal:	DR. DONNA M. LEWIS
Phone Number:	(305) 636-3480
School Wellness/Healthy School Team Leader:	COACH JAMES WILLIAMS
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<ul style="list-style-type: none"> <li>• Students</li> <li>• Schools Administrators</li> <li>• School Food service manager/supervisor</li> <li>• Parents</li> <li>• School health professionals</li> <li>• Physical education teacher</li> <li>• School volunteer</li> </ul>
Committee Meeting Dates:	<ul style="list-style-type: none"> <li>• 1/26, 2/23, 4/20, 4/25</li> </ul>
<b>ACTION PLAN</b>	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p><b>Nutrition</b></p> <ul style="list-style-type: none"> <li>- Promote the free breakfast and good eating habits especially as testing approaches</li> <li>- Provide healthy meals and snacks daily to students, faculty and staff through the cafeteria</li> </ul> <p><b>Physical Education</b></p> <ul style="list-style-type: none"> <li>- Fitness Gram Testing</li> </ul>

	<p><b>Physical Activity</b></p> <ul style="list-style-type: none"> <li>- Cardio - Zumba/ Walking</li> </ul> <p><b>Health and Nutrition Literacy</b></p> <ul style="list-style-type: none"> <li>- Implementing a garden to table program- ED Fund</li> <li>- Bring awareness to the nutrition value of the school garden by putting more on our social media sites</li> </ul> <p><b>Preventive Healthcare</b></p> <ul style="list-style-type: none"> <li>- Organize a health fair on campus that will provide free health screenings available to students, families and neighboring schools</li> <li>- Bring in a few more teachers/employee into the school wellness activities</li> </ul>
<p><b>Community Engagement:</b></p>	<ul style="list-style-type: none"> <li>- Sending home harvested school garden produce</li> <li>- Increase business partnerships in the local area</li> </ul>
<p><b>Monitoring and Evaluation:</b></p>	<ul style="list-style-type: none"> <li>- Committee Meeting sign-in sheets</li> <li>- Mrs. Ana Zamora/Coach James Williams</li> <li>- Mrs. Zamora is the designated teacher responsible for monitoring and distributing harvested school garden produce</li> <li>- Start the EESAC and social media advertisements earlier in the following school year</li> <li>- Have more organized meeting agendas and set times for the following year</li> </ul>
<p><b>Other Activities:</b> If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none"> <li>- Dance/Ballet- Talents Program</li> </ul>